

**Are You on Academic Warning or Probation?
Suggestions for Students from Counselling Services**

Did you know that fewer than 5% of Kwantlen students are on the President's Honour Roll, while over 10% are on Academic Warning or Probation? If you are one of the latter, you may feel disillusioned and be wondering if post-secondary studies are for you. Don't give up! Many students successfully restore their academic standing by determining what went wrong and creating a plan to address the root causes of their problems. Here are some practical suggestions.

1. Attend an Academic Warning / Probation seminar at Surrey Campus.
2. If your long-term career goal is unclear, attend our non-credit Career Explorations seminar
3. If your study skills are lacking, attend our non-credit Study Skills seminars
4. Know the Deadline to Withdraw, which always falls approximately half-way through the semester. Seriously consider withdrawing from any course in which you are unlikely to obtain at least a "C" grade. If you withdraw, you will receive a "W", which is not included in GPA calculations.
5. Both withdrawals and failing grades can affect your eligibility for student loans and grants; check with the Financial Awards office on your campus for more information.
6. Consider re-taking courses in which you have received a grade lower than "C". On the one hand, this is the fastest way to improve your GPA, because only the higher of the two grades for the course will be included in the calculations. On the other hand, if you found the course un-interesting or overwhelming, it may not be the best idea to take it again.
7. If you work, reduce your hours so they don't interfere with your studies.
8. Take fewer courses. While you are on Academic Warning or Probation, it is recommended that you limit your registration to 9 credits per semester.
9. Expect to spend about two hours of study time for every hour in class and schedule set study time, preferably on campus.
10. If you think your math or English skills are holding you back, take some upgrading classes. (Note: only post-secondary level courses – those numbered 1100 or higher – are included in GPA calculations for Academic Standing purposes.) The English and math assessments offered by our upgrading program are **free!**
11. Make a point of connecting with your instructors during their office hours.
12. Form a study group with other students.
13. Start using the peer and faculty tutors at the Learning Centre **early** in the semester.
14. Finally, if personal or family problems contributed to your low grades, make an appointment with a Kwantlen Counsellor to confidentially discuss them.

For more information on any of the above suggestions, or to book an appointment with a Counsellor, please contact the Counselling office on your campus:

**Surrey – 604.599.2044 • Richmond – 604.599.2600
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