

# American Psychological Association (APA)

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## CITATION STYLE

FOR WRITING RESEARCH PAPERS

When writing a research paper, you must always cite any sources that you have consulted in your research. You must give credit when you are using the ideas, information, arguments, phrases or direct quotes of another. Not to do so is referred to as **plagiarism** and is a serious offence.

Citation information generally appears both in the text of your paper where the borrowed fact or idea appears (citations in text) and in a complete reference list (bibliography) at the end of the paper.

This guidepost shows examples for the most common citations in APA format. The complete *Publication Manual of the American Psychological Association* is on the reference shelves at **REF BF 76.7 P83 2001**.

### General rules for In-text citations:

- **Double-space** throughout your paper.
- Use the **past tense** or the **present perfect tense** in signal phrases introducing cited material, e.g.: Smith (2005) **reported...**, Smith (2005) **has argued...**
- A signal phrase should include the author's last name followed by the year of publication in parentheses. For a **direct quote** a page number or other locator is given as well (e.g. paragraph if a page number is not given). Put the page number in parentheses after the direct quote and put the closing punctuation **after** the page citation. A locator is not required for a **paraphrase**, but include one if it would help readers find the passage in a long work, e.g.:

Critser (2003) noted that many health care providers "remain either in ignorance or outright denial about the health danger to the poor and the young" (p. 5).

According to Carmona (2004), the cost of treating obesity is exceeded only by the cost of treating illnesses from tobacco use.
- If you do not use a signal phrase, put the citation information in parentheses after the quotation. Put the closing punctuation **after** the page citation, e.g.:

Many health care providers still "remain either in ignorance or outright denial about the health danger to the poor and the young" (Critser, 2003, p. 5).

The cost of treating obesity is exceeded only by the cost of treating illnesses from tobacco use (Carmona, 2004).
- If you cite more than one author with the same last name, use initials with the last names to avoid confusion, e.g.: R. Smith (1992) and P.A. Smith (2005) also found...
- When you cite more than one work by the same author with the same year, use letters ("a," "b," etc) with the year in the in-text citation, e.g.; Goldberg (2000a) concluded ....

LIBRARY RESEARCH HELP SHEET

- A **direct quote** of 40 or more words should be displayed in a double-spaced block with **no quotation marks**, indented five to seven spaces or ½ inch from the left margin without the usual paragraph indent. The closing punctuation mark **precedes** the page citation.

Miele (1993) found the following:

The placebo effect disappeared when behaviors were studied in this manner. Furthermore, the behaviors were never exhibited again, even when real drugs were administered. Earlier studies conducted by the same group of researchers at the hospital were clearly premature in attributing their results to the placebo effect. (p. 276)

- Citing a citation: let's say you read a book by Critser (secondary source) who cites research by Satcher (original source). To cite this citation, provide **both** the name of the original work and the secondary source in the **in-text citation**. Provide **only** the secondary source in the **reference list**.

Satcher described "a nation of young people seriously at risk of starting out obese and dooming themselves to the difficult task of overcoming a tough illness" (as cited in Critser, 2003, p. 4).

Satcher (as cited in Critser, 2003) warned of .....

### General rules for creating a reference list:

- Begin your list of references on a new page at the end of the paper. Put the word **References** centered about one inch from the top of the page.
- **Double-space throughout.** (In the examples shown in this abbreviated guide, single spacing is used to save space.)
- Type the first line of an entry flush left and **indent any additional lines one-half inch** (five spaces).
- For an annotated bibliography, add a brief abstract in block format after the citation. Start the abstract on a new line and indent it an additional 2 spaces.
- **Alphabetize** the reference list by the last names of the authors (or editors).
- Invert all authors' names and use **initials** instead of first names. With two or more authors, use an ampersand (&) before the **last** author's name. Separate the names with commas.
- For two or more works by the same author, arrange the entries by year, the earliest first.
- Arrange two or more works by the **same** author in the **same** year alphabetically by title. Add the letters "a," "b," etc. after the year, e.g.: (2002a). Do this also for articles in journals. For articles in **magazines and newspapers**, use the **full date** in the reference list: (2001a, July 7).
- If a work has no author or editor, alphabetize by the first word of the title other than *A*, *An*, or *The*.
- **Italicize** the titles and subtitles of books.
- Capitalize only the first word of the title and subtitle (and all proper nouns). Capitalize names of periodicals as you would capitalize them normally.
- Abbreviations for "page" and "pages" ("p." and "pp.") are used before page numbers of newspaper articles and articles in edited books but **not** before page numbers of articles appearing in magazines and scholarly journals.

Reference List (Bibliography)	Citations in Text (Direct Quote)	Citations in Text (Paraphrase)
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**AUTHOR RULES**

▼ always double space

**Single author: Author. A. A.**

Perner, J. (1991). <i>Understanding the representational mind</i> .  Cambridge, MA: MIT Press.	“.....” (Perner, 1991, p. 195).  Perner (1991) stated that “...” (p. 195).	..... (Perner, 1991).  According to Perner (1991) .....
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**2 authors: Author, A. A., & Author, B. B.**

Wegener, D. T., & Petty, R. E. (1994). Mood management across affective states: The hedonic contingency hypothesis. <i>Journal of Personality &amp; Social Psychology</i> , 66, 1034-1048.	“...” (Wegener & Petty, 1994, p. 1035).  Wegener and Petty (1994) stated that “...” (p. 1035).	..... (Wegener & Petty, 1994).  Wegener and Petty (1994) claimed .....
--	--	--

**3 to 5 authors: Author, A. A., Author, B. B., Author, C. C., Author, D. D., & Author E. E.**

Michael, R. T., Gagnon, J. H., Laumann, E. O., & Kolata, G. (1994). <i>Sex in America</i> . Boston: Little, Brown.	“...” (Michael, Gagnon, Laumann, & Kolata, 1994, p. 110).  Michael, Gagnon, Laumann and Kolata (1994) found that “...” (p. 110).  <b>subsequent citations</b>  “...” (Michael et al., 1994, p. 110).  Michael et al. (1994) found “...” (p. 110).	..... (Michael, Gagnon, Laumann, & Kolata, 1994).  Michael, Gagnon, Laumann and Kolata (1994) found .....
		<b>subsequent citations</b>  ..... (Michael et al., 1994).  Michael et al. (1994) found...

**6 authors: Author, A. A., Author, B. B., Author, C. C., Author, D. D., Author E. E., & Author, F. F.**

Evans, P., Preston, V., Jones, M., West, H., Cooper, B., & Williams, M. (2002). <i>The astronomical timetable</i> . New York: Preston Press.	“.....” (Evans et al., 2002, p. 35).  Evans et al. (2002) explained that “.....” (p. 35).	..... (Evans et al., 2002).  Evans et al. (2002) explained .....
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**More than 6 authors: Author, A. A., Author, B. B., Author, C. C., Author, D. D., Author E. E., & Author, F. F. et al.**

Harris, M., Karper, E., Stacks, G., Hoffman, D., DeNiro, R., Cruz, P., et al. (2001). Writing labs and the Hollywood connection. <i>Journal of Film and Writing</i> , 44(3), 213-245.	“.....” (Harris et al., 2001, p. 222).  Harris et al. (2001) explained that “.....” (p. 222).	..... (Harris et al., 2001).  Harris et al. (2001) explained .....
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Reference List (Bibliography)	Citations in Text (Direct Quote)	Citations in Text (Paraphrase)
<b>Author(s) and/or editor(s): Same as author rules, but indicate (Ed.) or (Eds.)</b>		
Plath, S. (2000). <i>The unabridged journals</i> (K.V. Kukil, Ed.). New York: Anchor.	"..." (Plath, 2000, p. 105).	..... (Plath, 2000).
Koehler, D. J., & Harvey, N. (Eds.) (2004). <i>Blackwell Handbook of judgment and decision making</i> . Malden, MA: Blackwell Publishing.	"..." (Koehler & Harvey, 2004, p. 33).  Koehler and Harvey (2004) found "..." (p. 33).	..... (Koehler & Harvey, 2004).  Koehler and Harvey (2004) claimed ....
<b>No author or editor</b>		<b>APA Manual 3.97</b>
<b>Title of work.</b>		
<i>Merriam-Webster's collegiate dictionary</i> (10th ed.). (1993). Springfield, MA: Merriam-Webster.	"..." ( <i>Merriam-Webster's Collegiate Dictionary</i> , 1993, pp. 240-241).	..... ( <i>Merriam-Webster's Collegiate Dictionary</i> , 1993).
New drug appears to sharply cut risk of death from heart failure. (1993, July 15). <i>The Washington Post</i> , p. A12.	"..." ("New Drug," 1993, p. A12).	.... ("New Drug," 1993).
<i>Note: titles of books are italicized, title of articles are not</i>		
<b>Organization as author</b>		<b>APA Manual 3.96</b>
<b>Name of corporate author.</b>		
Canadian Institute for Health Information. (2002). <i>Health Care in Canada</i> . Ottawa, ON: Author.	"..." (Canadian Institute for Health Information, 2002, p. 25).	..... (Canadian Institute for Health Information, 2002).
<i>Note: if the author is also the publisher, give the word "Author" as the publisher.</i>		
<b>BOOKS</b>		<b>▼ always double space</b>
<b>Basic format</b>		
<b>Author, A. A. (year). Title of work. Location: Publisher.</b>		
Perner, J. (1991). <i>Understanding the representational mind</i> . Cambridge, MA: MIT Press.	"....." (Perner, 1991, p. 195).	..... (Perner, 1991).
<b>Revised or subsequent edition</b>		<b>APA Manual 4.16 27</b>
<b>Add: (Number of edition or Rev. ed.).</b>		
King, B. M., & Minium, E. W. (2003). <i>Statistical reasoning in psychology and education</i> (4 <sup>th</sup> ed.). New York: J. Wiley and Sons.	"..." (King & Minium, 2003, p. 95).	..... (King & Minium, 2003).

<b>Reference List (Bibliography)</b>	<b>Citations in Text (Direct Quote)</b>	<b>Citations in Text (Paraphrase)</b>
<b>Book chapter – edited/unedited</b>		<b>APA Manual 4.16 34</b>
<b>Add: Title of chapter. In ... (page numbers).</b>		
Capra, F. (1983). The systems view of life. In <i>The turning point: Science, society and the rising culture</i> (pp. 376-399). London: Fontana Press.	“...” (Capra, 1983, p. 380).	..... (Capra, 1983).
Mitchell, R. N. & Kumar V. (2003). Diseases of immunity. In F. Kumar, R. S. Cotran, & S. L. Robbins (Eds.) <i>Basic Pathology</i> (7 <sup>th</sup> ed., p. 103-164). Philadelphia: Saunders.	“...” (Mitchell & Kumar, 2003, p. 111).	..... (Mitchell & Kumar, 2003).
<b>Encyclopedia or dictionary</b>		<b>APA Manual 4.16 30</b>
<b>Add: (Volume number(s)).</b>		
Sadie, S. (Ed.). (1980). <i>The new Grove dictionary of music and musicians</i> (6 <sup>th</sup> ed., Vols. 1-20). London: Macmillan.	“...” (Sadie, 1980, Vol. 1, p. 55).	..... (Sadie, 1980).
<b>Encyclopedia entry</b>		<b>APA Manual 4.16 38</b>
<b>Add: (Volume number, page numbers).</b>		
Sturgeon, T. (1995). Science Fiction. In <i>The Encyclopedia Americana</i> (Vol. 24, pp. 390-392). Danbury, CT: Grolier.	“...” (Sturgeon, 1995, p. 390).	..... (Sturgeon, 1995).
<b>English translation</b>		<b>APA Manual 4.16 32</b>
<b>Add: (A. A. Translator, Trans.) ... (Original work published year).</b>		
Laplace, P. S. (1951). <i>A philosophical essay on probabilities</i> (F. W. Truscott & F. L. Emory, Trans.). New York: Dover. (Original work published 1814).	“...” (Laplace, 1951, p. 25).	..... (Laplace, 1951).
<b>Diagnostic and Statistical Manual of Mental Disorders</b>		<b>APA Manual 4.16 29</b>
American Psychiatric Association. (2000). <i>Diagnostic and statistical manual of mental disorders</i> (4 <sup>th</sup> ed., text revision). Washington, DC: Author.	“...” (American Psychiatric Association, <i>Diagnostic and statistical manual of mental disorders</i> , 2000, p. 150). <b>subsequent citations</b> “...” (DSM-IV-TR, 2000, p. 185).	..... (American Psychiatric Association, <i>Diagnostic and statistical manual of mental disorders</i> , 2000). <b>subsequent citations</b> .....(DSM-IV-TR, 2000).
<i>Note: if the author is also the publisher, give the word “Author” as the publisher.</i>		

Reference List (Bibliography)	Citations in Text (Direct Quote)	Citations in Text (Paraphrase)
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**PRINT PERIODICALS (JOURNALS. MAGAZINES. NEWSPAPERS)**

▼ always double space

Journal article		APA Manual 4.16 1
<b>Author, A. A. (year). Title of article. Title of journal, Volume # (Issue #), pages.</b>		
Doty, N. D. (1998). The influence of nationality on the accuracy of face and voice recognition. <i>American Journal of Psychology</i> , 111, 191-214.	"..." (Doty, 1998, p. 195).	..... (Doty, 1998).
<i>Give an issue # only if each issue begins with page 1.</i>		
Magazine article		APA Manual 4.16 6
<b>Author, A. A. (year, date). Title of article. Title of magazine, Volume #, pages.</b>		
Posner, M. I. (1993, October 29). Seeing the mind. <i>Science</i> , 262, 673-674.	"..." (Posner, 1993, p. 673).	..... (Posner, 1993).
Newspaper article		APA Manual 4.16 9
<b>Author A. A. if available. (year, date). Title of article. Title of newspaper, page(s).</b>		
Schwartz, J. (1993, September 30). Obesity affects economic social status. <i>The Washington Post</i> , pp. A1, A4	"..." (Schwartz, 1993, p. A1).	..... (Schwartz, 1993).
New drug appears to sharply cut risk of death from heart failure. (1993, July 15). <i>The Washington Post</i> , p. A12.	"..." ("New Drug," 1993, p. A12).	..... ("New Drug," 1993).
Periodical article: reviews		APA Manual 4.16 63-64
<b>Follow the model for the type of periodical. Add: [Review of the type of medium and title]</b>		
Carmody, T. P. (1982). A new look at medicine [Review of the book <i>Social contexts of health</i> ]. <i>Contemporary psychology</i> , 27, 208-209.	"..." (Carmody, 1982, p. 208).	..... (Carmody, 1982) .
Gleick, E. (2000, December 14). The burdens of genius [Review of the movie <i>The Last Samurai</i> ]. <i>Time</i> , 156, 171.	"..." (Gleick, 2000, p. 171).	..... (Gleick, 2000).
Entire or special issue of a journal		APA Manual 4.16 12
<b>Give the editor(s) and title of the issue</b>		
Barlow, D. H. (Ed.). (1991). Diagnoses, dimensions, and <i>DSM-IV</i> : The science of classification [Special issue]. <i>Journal of Abnormal Psychology</i> , 100(3).	"..." ("Diagnoses," 1991, p. 28).	..... ("Diagnoses," 1991).

Reference List (Bibliography)	Citations in Text (Direct Quote)	Citations in Text (Paraphrase)
<b>Journal supplement</b>		<b>APA Manual 4.16 18</b>
<b>Give the supplement number immediately in parentheses after the volume number</b>		
Regier, A. A., Narrow, W. E., & Rae, D. S. (1990). The epidemiology of anxiety disorders: The epidemiologic catchment area (ECA) experience. <i>Journal of Psychiatric Research</i> , 24(Suppl. 2), 3-14.	"..." (Regier, Narrow, & Rae, 1990, p. 8).	..... (Regier, Narrow, & Rae, 1990).

## PROCEEDINGS, PAPERS AND REPORTS

▼ always double space

<b>Reports (Government, University, Private Organization)</b>		<b>APA Manual 4.16 41-48</b>
<b>Report Author. (year). Title of report (report number). Location: Publisher.</b>		
Statistics Canada. (1998). <i>Marketing research handbook</i> . (Cat. No. 63-224-XPB). Ottawa, ON: Author.	"..." (Statistics Canada, 1998, p. 88).	..... (Statistics Canada, 1998).
Broadhurst, R. G., & Maller, R. Al. (1991). <i>Sex offending and recidivism</i> (Tech. Rep. No. 3). Nedlands, Western Australia: University of Western Australia, Crime Research Centre.	"..." (Broadhurst & Maller, 1991, p. 5).	... (Broadhurst & Maller, 1991).
Employee Benefit Research Institute. (1992, February). <i>Sources of health insurance and characteristics of the uninsured</i> (Issue Brief No. 123). Washington, DC: Author.	"..." (Employee Benefit Research Institute, 1992, p. 3).	... (Employee Benefit Research Institute, 1992).
<i>Note: if the author is also the publisher, put "Author" as publisher.</i>		

<b>Published proceedings, published contribution to a symposium</b>		<b>APA Manual 4.16 49</b>
Deci, E. L., & Ryan, R. M. (1991). A motivational approach to self: Integration in personality. In R. Dienstbier (Ed.), <i>Nebraska Symposium on Motivation: Vol. 38. Perspectives on motivation</i> (pp. 237-288). Lincoln: University of Alaska Press.	"..." (Deci & Ryan, 1991, p. 239).	... (Deci & Ryan, 1991).

<b>Unpublished contribution to a symposium</b>		<b>APA Manual 4.16 51</b>
Beales, J. (2001, May). Beyond seeing: Cultural blindness and lettering [Fieldnote data summary and slide presentation]. In M. Wilkes (Chair), <i>Textual perspective</i> . Symposium conducted at the 50th annual meeting of the Archaeological Society, New York.	"..." (Beales, 2001).	... (Beales, 2001).

Reference List (Bibliography)	Citations in Text (Direct Quote)	Citations in Text (Paraphrase)
<b>Unpublished paper presented at a meeting</b>		<b>APA Manual 4.16 52</b>
Shimahara, N. K. (1983, November 18). <i>Mobility and education of Buraku: The case of a Japanese minority</i> . Paper presented at the annual meeting of the American Anthropological Association, Chicago.	"..." (Shimahara, 1983).	... (Shimahara, 1983).
<b>Poster session</b>		<b>APA Manual 4.16 53</b>
Ruby, J., & Fulton, C. (1993, June). <i>Beyond redlining: Editing software that works</i> . Poster session presented at the annual meeting of the Society for Scholarly Publishing, Washington, DC.	"..." (Ruby & Fulton, 1993).	... (Ruby & Fulton, 1993).

## AUDIOVISUAL MEDIA

▼ always double space

<b>Videos, motion pictures, television broadcasts</b>		<b>APA Manual 4.16 65-67</b>
<b>Originator/s (function/s). (year). Title [medium]. Location: Studio or distributor.</b>		
Scorsese, M. (Producer), & Lonergan, K. (Writer/ Director). (2000). <i>You can count on me</i> [Motion picture]. United States: Paramount Pictures.	"..." (Scorsese, 2000).	.....(Scorsese, 2000).
Pratt, C. (Executive Producer). (2001, December 2). <i>Face the nation</i> [Television broadcast]. Washington, DC: CBS News.	"..." (Pratt, 2001).	..... (Pratt, 2001).
<b>Music recordings</b>		<b>APA Manual 4.16 69</b>
<b>Writer, A. (Date of copyright). Title of song [Recorded by artist if different from writer]. On Title of album [Medium of recording]. Location: Label. (Recording date if different from copyright date).</b>		
Goodenough, J. B. (1982). Tails and trotters [Recorded by G. Bok, A. Mayo, & E. Trickett]. On <i>And so will we yet</i> [CD]. Sharon, CT: Folk-Legacy Records. (1990).	"..." (Goodenough, 1982, track 5).	... (Goodenough, 1982, track 5).

<b>Reference List (Bibliography)</b>	<b>Citations in Text (Direct Quote)</b>	<b>Citations in Text (Paraphrase)</b>
<b>Audio recordings</b>		<b>APA Manual 4.16 70</b>
<b>Originator/s (function/s). (year). Title [medium] or (retrieval ID). Location: Name of distributor.</b>		
Costa, P. T. Jr. (Speaker). (2000). <i>Personality, continuity, and changes of adult life</i> (Cassette Recording No. 207-433-88A-B).  Washington, DC: American Psychological Association.	"..." (Costa, 2000).	..... (Costa, 2000).
<i>Note: brackets [ ] are used to identify the medium, but if it is part of the retrieval ID, it does not have to be mentioned separately</i>		

### VARIOUS OTHER SOURCES

▼ always double space

<b>Personal communications and class notes</b>	<b>APA Manual 3.102</b>	
<b>Unpublished personal communications (interviews, letters, emails, etc.) are not included in the reference list.</b>	"..." (F. Johnson, personal communication, October 20, 2008).	..... (F. Johnson, personal communication, October 20, 2008).
<b>Treat your own class notes like you would personal communications. Do not include in the reference list.</b>	"..." (R. Floyd, SOCI 1125 lecture, July 30, 2008).	... (R. Floyd, SOCI 1125 lecture, July 30, 2008).
<b>Class handouts</b>		
<b>The APA manual does not give specific advice about citing these materials. We suggest the following format, but please check with your instructor.</b>		
Pedersen, C. (2008, Spring). <i>Sexual deviance</i> [Class handout]. PSYC 3010: Kwantlen Polytechnic University.	"..." (Pedersen, 2008).	..... (Pedersen, 2008).
<b>Custom course materials</b>		
<b>The APA manual does not give specific advice about citing these materials. The following are our recommendations, but please check with your instructor.</b>		
<b>1. Find the full citation information of the item in the course package that you want to cite. Cite as usual.</b>		
<b>2. Treat the course package as an anthology, and the instructor as the editor.</b>		
Sherry, A. (2008). Internalized homophobia and adult attachment: Implications for clinical practice. In C. Pedersen (Ed.), <i>Custom course materials PSYC 3010</i> (pp. 65-71). Surrey, BC: Kwantlen Polytechnic University Bookstore.	"..." (Sherry, 2008, p. 66).	... (Sherry, 2008).

## LEGAL CITATIONS

APA states to use the conventional format for references to legal materials. In Canada, these are based on the *Canadian Guide to Uniform Legal Citation (The McGill Guide)*. Please consult our *Legal Citation Guide* for explanations and examples.

# Electronic References

This section shows examples for the most common citations to **electronic** references in APA format. The complete *APA Style Guide to Electronic References* is on the reference shelves at **REF PN 171 F56 A63 2007**.

## Citations in Text of Electronic Material

To cite a specific part of a source, indicate the page, chapter, figure, table, or equation at the appropriate point in text. Always give page numbers for quotations. The words *page* and *chapter* are abbreviated in such text citations:

(Cheek & Buss, 1981, p. 332)

(Shimamura, 1989, chap. 3)

For electronic sources that do not provide page numbers, use the paragraph number preceded by the paragraph symbol or the abbreviation para. If neither paragraph nor page numbers are available, cite the heading and the number of the paragraph following it to direct the reader to the location of the material.

(Myers, 2000, ¶ 5)

(Beutler, 2000, Conclusion section, para. 1)

## Reference List of Electronic Material

### General rule:

- include the same elements as in a reference to a fixed-media source
- put these elements in the same order as in a reference to a fixed-media source
- add as much information as needed for others to locate the source

### Publisher's information:

The publisher's geographical location and name generally do not need to be included. However, if the publisher's identity is not clear from the author name, URL, database name, or other reference information, include it as part of the retrieval statement (see example **Conference hearing**)

### Retrieval date:

No retrieval date is necessary for content that is **not** likely to be changed or updated, such a journal article or a book. If the content is likely to change or being updated, such as for content from the Web, in-preparation, in-press, or preprint journal articles, the retrieval date must be included (see examples **Online Encyclopedia, Online Dictionary, Online Handbook, Wikis**).

### Name and location of a source:

- Many publishers have begun assigning a **Digital Object Identifier (DOI)** to journal articles and other documents, which provides a persistent link to its location on the Internet. When a DOI is available, include the DOI instead of the URL in the reference.
- Give the home or menu page URL for works whose full text is accessible by subscription only, for reference works (e.g. online dictionaries or encyclopedias), and for online material presented in frames if several disparate items share the same URL. Give the exact URL if the content is open-access.

## WEBSITES

### Entire website

When citing an **entire** Web site (but not a specific document on that site), it is sufficient to give the address of the site in the text. For example:

Kidspych is a wonderful interactive Web site for children (<http://www.kidspych.org>).

### Web document

List as much of the following information as possible. Remember to also look at the main page/homepage of a website if the information is not readily available on a sub-side: Author, A. A. (Date of publication). *Title of document*. Retrieved month day, year, from <http://Web address>

Autism Society Canada. (2005). *General characteristics of autism*. Retrieved May 3, 2009, from

[http://www.autismsocietycanada.ca/understanding\\_autism/characteristics\\_of\\_asc/index\\_e.html](http://www.autismsocietycanada.ca/understanding_autism/characteristics_of_asc/index_e.html)

Kwantlen Polytechnic University. (n.d.). *Kwantlen's timeline of success*. Retrieved April 5, 2009, from

<http://www.kwantlen.ca/timeline.html>

*Anorexia*. (n.d.). Retrieved April 10, 2009, from <http://www.mamashealth.com/anorexia.asp>

*Note: if there is no author, start with the title. If there is no date, use n.d.*

## E-BOOKS

### Electronic books

Huijser, M. (2006). *The cultural advantage: A new model for succeeding with global teams*. Retrieved from NetLibrary database.

O'Keefe, E. (n.d.). *Egoism & the crisis in Western values*. Available from <http://www.onlineoriginals.com/>

[showitem.asp?itemID=134](http://www.onlineoriginals.com/showitem.asp?itemID=134)

Note: Use "Available from" instead of "Retrieved from" when the URL leads to information on how to obtain the cited material rather than directly to the material itself.

### Chapter in an electronic book

Henry, N., & Pinch, S. (2006). Knowledge and clusters. In C. Pitelis, R. Sugden & J.R. Wilson (Eds.), *Clusters and globalisation: The development of urban and regional economies* (pp. 114-132). Retrieved from NetLibrary database.

### Online encyclopedia

Graham, G. (2005). Behaviorism. In E. N. Zalta (Ed.), *The Stanford encyclopedia of philosophy*. Retrieved January 28, 2008, from

<http://plato.stanford.edu>

### Online dictionary

Heuristic. (n.d.). In *Merriam-Webster's online dictionary*. Retrieved July 28, 2008, from <http://www.m-w.com/dictionary/>

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## Online handbook

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Body dysmorphic disorder. (2005). In M. H. Beer, R. S. Porter, T. V. Jones, J. L. Kaplan, & M. Berkwits (Eds.), *The Merck manual of diagnosis and therapy online*. Retrieved January 28, 2007, from <http://www.merck.com/mmpe/index.html>

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## ELECTRONIC PERIODICAL ARTICLES

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### Journal Article with Digital Object Identifier (DOI) assigned

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Pole, N. (2007). The psychophysiology of posttraumatic stress disorder: A meta-analysis. *Psychological Bulletin*, 133(5), 725-746.  
doi: 10.1037/0033-2909.133.5.725

Note: The article was retrieved from PsycARTICLES database. No database name or URL is needed because the DOI identifies and links to the content.

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### Journal Article with no DOI assigned

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Hager, M.H. (2007). Therapeutic diet order writing: Current issues and considerations. *Topics in Clinical Nutrition*, 22(1), 28-36.  
Retrieved from <http://www.topicsinclinicalnutrition.com>

Note: The journal home page is given, because the content is accessible by subscription

Rimmer, W. (2006). Grammaticality judgment tests: Trial by error. *Journal of Language and Linguistics*, 5(2), 246-261. Retrieved from [http://www.shakespeare.uk.net/journal/5\\_2/LING%206.pdf](http://www.shakespeare.uk.net/journal/5_2/LING%206.pdf)

Note: The exact URL is given, because the content is open access

Tang, P., Yuan, W., & Tseng, H. (2005). Clinical follow-up study on diabetes patients participating in a health management plan. *Journal of Nursing Research*, 13(4), 253-261. Retrieved from CINAHL database.

Note: The database name is given, because the content is only available from the database and there is no DOI. The URL is not included.

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### Magazine article not found in print version

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Gutierrez, D. (n.d.). On state political torture [Online exclusive]. *Tikkun*. Retrieved January 28, 2008, from <http://www.tikkun.org/magazine/specials/statetorture>

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### Newspaper article

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Hilts, P. J. (1999, February 16). In forecasting their emotions, most people flunk out. *The New York Times*. Retrieved from <http://www.nytimes.com>

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### Abstract from a secondary source

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Glick, J. E., & Hohmann-Marriott, B. (2007). Academic performance of young children in immigrant families: The significance of race, ethnicity, and national origins. *International Migration Review*, 41(2), 371-402. Abstract retrieved from Sociological Abstracts database.

Note: This follows “Journal article with no DOI assigned” example three.

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### Reviews

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Cramond, B. (2007). Enriching the brain? Probably not for psychologists [Review of the book *Enriching the brain: How to maximize every learner’s potential*]. *PsycCRITIQUES*, 52(4), Article 2. Retrieved from <http://www.apa.org/psyccritiques/>

Note: This follows “Journal article with no DOI assigned” example one.

## GRAY LITERATURE

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Scientific information that falls outside of the peer review process. Produced by government departments, corporations, trade groups, think tanks, advocacy groups, etc.

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### Annual report

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Pearson PLC. (2005). *Reading allowed: Annual review and summary financial statements 2004*. Retrieved from [http://www.pearson.com/investor/ar2004/pdfs/summary\\_report\\_2004.pdf](http://www.pearson.com/investor/ar2004/pdfs/summary_report_2004.pdf)

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### Conference hearing

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Walton, C., Yasnoff, W. A., & Janger, E. (Panelists). (2007, January 23). *Non-covered health data benefits and services* [Audio file]. Panel hearing at the meeting of the National Committee on Vital and Health Statistics, Subcommittee on Privacy and Confidentiality. Retrieved from the Department of Veterans Affairs Virtual Conferences Web site: <http://www.va.gov/virtconf.htm>

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### Presentation slides & Online lecture notes

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Columbia University, Teachers College, Institute for Learning Technologies. (2000). *Smart cities: New York: Electronic education for the new millennium* [PowerPoint slides]. Retrieved from <http://www.ilt.columbia.edu/publications/index.html>

Lieblang, J. (n.d). *Film course intro. Slideshow* [PowerPoint slides]. Retrieved April 5, 2009, from [http://www.kwantlen.ca/humanities/modern\\_languages/German.html](http://www.kwantlen.ca/humanities/modern_languages/German.html)

Note: Include a retrieval date if the content is likely to change (as in the second example where the course content may change and the slides therefore may be updated).

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## Technical or research report

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Kutner, M., Greenberg, E., Jin, Y., & Paulsen, C. (2006). *The health literacy of America's adults: Results from the 2003 National Assessment of Adult Literacy* (Report No. NCES 2006-483). Retrieved from National Center for Education Statistics:  
<http://nces.ed.gov/pubs2006/2006483.pdf>

## OTHER ELECTRONIC SOURCES

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### Data sets

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Pew Hispanic Center. (2004). *Changing channels and crisscrossing cultures: A survey of Latinos on the news media* [Data file and code book]. Available from <http://pewhispanic.org/datasets/>

Statistics Canada. (2006). *General Social Survey, 2006 [Canada]. Cycle 20: Family transitions (main file)* [Data file]. Available from Internet Data Library System database: <http://janus.ssc.uwo.ca/idls/>

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### Statistics tables

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Cite the author and year of publication, the full name of the table, graph, figure or chart (in italics), catalogue number or table number if available, the medium [Table], [Chart], [Figure], [Graph], where available or retrieved from and the URL

#### Canadian Census Topic Based Tabulations accessed via the Statistics Canada Web site:

Statistics Canada. (2003). *2001 Census of Canada: Topic-based tabulations: Immigration and citizenship tables: Immigrant status and place of birth of respondent (21), sex (3) and age groups (7B) for population, for census metropolitan areas, tracted census agglomerations and census tracts, 2001 census - 20% sample data* (Cat. No. 95F0357XCB2001002) [Table]. Available from <http://www12.statcan.ca/english/census01/products/standard/themes/ListProducts.cfm?Temporal=2001&APATH=3&THEME=43&FREE=0>

#### A Statistics Canada publication retrieved from the DSP website:

Statistics Canada, Income Statistics Division. (2003). *Food Expenditure in Canada, 2001*. (Cat. No. 62-554-XIE). Retrieved April 7, 2005, from Government of Canada Depository Services Program Web site: <http://dsp-psd.pwgsc.gc.ca/Collection-R/Statcan/62-554-XIE/0000162-554-XIE.pdf>

Note: Use "Available from" instead of "Retrieved from" when the URL leads to information on how to obtain the cited material rather than directly to the material itself (as in the first example). If the author of a document is markedly different from the provider (such as in the second example), explicitly identify the latter in the retrieval statement (see APA 4.79).

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**Email**

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Private emails are treated as unpublished personal communications and are **not included in the reference list**. Simply cite in the text, for example:

“...” (F. Johnson, personal communication, October 20, 2008).

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**Message posted to an electronic mailing list or discussion forum**

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Smith, S. (2006, January 5). Re: Disputed estimates of IQ [Msg 670]. Message posted to ForensicNetwork electronic mailing list, archived at <http://tech.groups.yahoo.com/group/ForensicNetwork/message/670>

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**Blogs (weblog post & video blog post such as YouTube)**

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Dagor. (2008, July 31). Re: Only a theory. Message posted to <http://scienceblogs.com/pharyngula>

EclecticAsylumArt. (2007, March 22). NewNuma.com 11608 Chocolate Speed Painting with Spoon [Video file]. Video posted to <http://www.youtube.com/watch?v=fLMpbQxqi0o>

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**Wikis (including Wikipedia)**

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Psychometrics. (n.d.). Retrieved August 28, 2008, from The Psychology Wiki: <http://psychology.wikia.com/wiki/>

Category:Psychometrics

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**Podcast (audio & video)**

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Van Nuys, D. (Producer). (2006, October 13). Understanding autism [Show 54]. *Shrink Rap Radio*. Podcast retrieved from <http://www.shrinkrapradio.com>

Phillips, T. (2009, February 4). Green comet approaches Earth. *Science @ NASA Podcast*. Podcast retrieved from <http://science.nasa.gov/podcast.htm>

Running head: MEDIA INFLUENCE AND BODY IMAGE

Abbreviated title as running head

Media Influence 1

Page header: use the first two or three words from the title, five spaces to the left of the page number.  
Page number: 1 inch from the right edge and ½ inch from the top of the page

Sample  
Title

Title in upper and lower case, centered, and in upper half of the page

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Double-space

Jane L. Doe

Author (you!) centered below title

Kwantlen Polytechnic University

Institution centered below author

Page

Student #, Course #, Instructor's Name, Due Date

This information is either typed flush left in sequence or centered with each item on a separate line; check with your instructor