

Kwantlen University College
Faculty of Community and Health Studies - Professional Studies Programs

Therapeutic Horticulture/Horticultural Therapy – Series Two, with Ann Kent, HTM

This interdisciplinary program further explores content introduced in Series One and directly reflects requests made by students in those workshops to learn more about the restorative people-plant connection, enabling and sensory garden spaces, and the practice of horticultural therapy.

Ann Kent is a registered horticultural therapist with a professional background as a teacher, counsellor, and horticulturist. For more information on workshops, contact ann@catkinggardens.ca

Workshops are \$150.00 each, inclusive of materials, with a one time only application fee of \$20.00. A statement of completion is provided by Kwantlen UC for those who take all four workshops.

The Practice of Horticultural Therapy in Health Care Settings – An Introduction
Workshop #5 *repeats Fall of 2008*

Professional standards associated with the practice of horticultural therapy; typical job descriptions, credentials, and responsibilities are discussed with reference to materials currently published in Canada, the United States, and Great Britain. Other topics include salaried versus contract positions, registration with WorkSafeBC, liability insurance, and potential involvement in locating resources and raising funds to support therapeutic horticulture programs. Of particular interest to those considering providing contract services in horticultural therapy and to directors or managers in health care facilities who wish to add this emerging adjunctive therapy to their care teams.

Floral Activities and Programs in Therapeutic Horticulture
Workshop #6 *repeats Fall of 2008*

Floral activities provide endless possibilities for exploring the people-plant connection. Boost your skills and confidence in offering year-round, compelling activities that combine the use of flowers, greenery, and sources such as art works and botanical books. Floristry techniques are demonstrated using available garden greenery and flowers, supplemented with seasonal cut flowers, that make projects possible on modest budgets. The therapeutic use of plants to invoke reminiscence and to make ethnic and cultural connections is explored with reference to several case studies. Bring an apron, gloves, clippers, and a bin to take projects home.

Horticultural Therapy Techniques – Developing Session Plans for Health Care Settings
Workshop #7 Saturday, March 15, 2008 9:30 – 4:30

The process of creating specific goals, objectives, and measurable outcomes for horticultural therapy activity sessions is important in implementing programs for individual residents or clients and in evaluating the success of HT programs, an important consideration in securing on-going funding. Various methods of documentation will be demonstrated through active participation in several HT activities. Other topics include working with an interdisciplinary team to better understand the profiles and needs of individuals and using assessment tools. Comprehensive handouts provided.

VanDusen Botanical Garden, 5151 Oak Street, Vancouver, BC

Gardens that Heal – Planning and Developing Sensory Garden Spaces
Workshop # 8 Saturday, April 19, 2008 10:00 – 5:00

This workshop considers research on general attributes of healing gardens, evidence-based guidelines for creating sensory gardens in health care settings, user perspectives in garden planning, and on-going evaluation of use of garden spaces. Plans for three grade level or raised bed sensory gardens that can be developed on modest budgets: a mixed border, a perennial bed, and a herb garden are discussed. A walking tour is included to visit trees, shrubs, and perennials of particular value in sensory gardens. Lots of design handouts and plant lists are included.

University of British Columbia Botanical Garden, 6804 Southwest Marine Drive, Vancouver, BC

To download a registration form, please visit www.kwantlen.ca/health/professional_studies.html