



CANADIAN MENTAL
HEALTH ASSOCIATION
ASSOCIATION CANADIENNE
POUR LA SANTÉ MENTALE

Simon Fraser Branch

435 6th Street
New Westminister, BC
V3I 3B1

Phone: 604-516-8080

Fax: 604-524-2870

Website:

www.simonfraser.cmha.bc.ca

Volunteer / Leadership Positions at CMHA Simon Fraser

Miles for Mental Health Run & Walk Event

CMHA-SF is looking for volunteers to help with the organization of its first annual charity walk & run event taking place in May, 2011—'Miles for Mental Health'.

Join the team and become an integral part of history in the making!

The purpose of the run is to raise awareness and funds for mental health challenges in our community. We also hope to encourage healthy lifestyle choices through the promotion of physical activity. The theme of the run is Heroes & Superheroes and it will take place in Queen's Park near our office in New Westminister.

If you are an enthusiastic individual who would like to contribute to a great cause in your community while developing strong leadership and event planning skills, CMHA-SF has ample opportunity for you to hone your talents. We are looking for volunteers to fill a range of different roles with varying levels of commitment and responsibility. Time commitments for planning and organizational volunteers range from as little as 2 to as much as 15 hours per week for the next few months leading up to the event.

Detailed descriptions can be made available to anyone interested upon request.

Interested candidates should contact Madeleine Hawkins @
sf.runlogistics@cmha.bc.ca or 604-516-8080

We look forward to hearing from you!